

## Recommended Questions about Secondhand Smoke for Head Start Programs

**Goal:** To have Head Start programs incorporate these standardized questions into their health intake forms and/or home visit forms.

This will:

- A. Identify kids who are being exposed to secondhand smoke and also parents who would like help to quit smoking.
- B. Prompt action toward these families in helping them create smokefree homes and in linking family members who want to quit with the Oregon Tobacco Quit Line 1-800-QUIT-NOW (1-800-784-8669).

### Standardized Questions - Revised February 2006

1. Do you or someone else who lives in your home smoke?
  - yes
  - no
2. Which of the following statements best describes the rules about smoking inside your home:
  - No one is allowed to smoke anywhere inside your home
  - Smoking is allowed in some places or at some times
  - Smoking is permitted anywhere inside your home
3. In the typical week, does your Head Start child spend time around people who are smoking?
  - yes
  - no
4. Would you or someone in your family like help to quit smoking?
  - yes
  - no

These standardized questions have been developed by  
the American Lung Association of Oregon and the  
Oregon Public Health Division