

# Tobacco

Grades 6-8

AND

# Secondhand Smoke

**Lesson 1 Summary:** *Students visit classroom stations and complete learning activities in cooperative groups to learn and/or review basic tobacco information as they explore the question, “Why is it important for one’s long-term health to avoid tobacco use and secondhand smoke exposure?”*

**Length:**

- One 90-minute block period or two 45-minute periods

**Preparation Difficulty: Extensive**

This lesson may require several hours of preparation the first time that it is used. Some materials must be acquired and assembled.

**Specific Objectives:**

- List at least three negative consequences associated with tobacco use
- Provide a valid explanation for tobacco/secondhand smoke’s negative affect on the human body
- Analyze influences on health and well-being (e.g., culture, family, media, technology, peers, body image, emotions, and physical and social environments) (HE.08.HS.03)
- Provide at least one strategy for avoiding secondhand smoke

**LESSON 1 OVERVIEW**

*(post for students)*

Essential Question: Why is it important for one’s long-term health to avoid tobacco use and secondhand smoke exposure?

Vocabulary Word(s): tobacco, nicotine, secondhand smoke

Agenda (Initial Lesson)

- Opening
- Review
- Introduction to Activity – Tobacco Learning Stations
- Work Stations (4 rotations)
  - What are tobacco products and what is in them?
  - Tobacco and the Body
  - What might it be like to have lung disease?
  - Secondhand Smoke
- Review/Preview

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